

Full-day Course with hands-on Workshop

# VISTA Technique for Coverage of Recessions around Teeth and Implants

Minimally-invasive mucogingival surgery in soft tissue defects



15<sup>th</sup> June 2024 ► Bilbao

**11<sup>th</sup>**  
Edition

**Dr. ALFONSO L. GIL,**  
Accredited Instructor by  
VISTA Institute



HEADQUARTERS AND COURSE LOCATION:



**ADVANCED ESTHETIC**  
SEMINARS

Calle San Vicente 8 ► Edificio Albia I, Piso 13 ► Bilbao, 48001, Vizcaya  
Phone: +34 94 423 16 00 ► [m.murguia@cdalbia.com](mailto:m.murguia@cdalbia.com) ► Contact: Mónica Murguía

**VISTA**  
INSTITUTE  
for Therapeutic  
Innovations

## COURSE DESCRIPTION

The **Vestibular Incision Subperiosteal Tunnel Access (VISTA)** is used in mucogingival surgery to address a variety of soft tissue defects around teeth and implants. The **VISTA concept, developed by the prestigious international periodontist Dr. Homa Zadeh, is minimally invasive**, and allows to treat soft tissue defects with a series of advantages:

- ▶ it facilitates the elevation of the mucogingival complex for its coronal mobilization without tension;
- ▶ it provides wide access for the placement of different graft materials directly on the recipient sites;
- ▶ it avoids the need for surface incisions;
- ▶ it stabilizes the soft tissue in a coronal position with bonded sutures;
- ▶ it preserves blood supply and enhances healing without scars.

VISTA has a wide variety of applications: **root coverage on teeth, peri-implant mucosal dehiscence coverage, periodontal and peri-implant regeneration and soft tissue volume augmentation.**

This Course will offer hands-on, technical, and clinical experience with advanced VISTA applications for reconstruction of periodontal and peri-implant soft tissues.

## LECTURER

### Dr. ALFONSO L. GIL

- ▶ Advanced Implantology, University of California Los Angeles (2016-2017).
- ▶ Advanced Periodontology, University of Southern California (2013-2016).
- ▶ Advanced Prosthodontics and Material Science, University of Zürich (2017-2022).
- ▶ Doctorate-PhD VISTA from the University International of Catalonia (2015-2019).
- ▶ Accredited Instructor by the VISTA Institute.
- ▶ Speaker at EAO, SEPES and SEPA.
- ▶ Editor-in-Chief of the International Journal of Esthetic Dentistry.



## COURSE OBJECTIVES

- ▶ Understand the use of root coverage techniques
- ▶ Learn steps of the VISTA Technique
- ▶ Cover multiple recessions on teeth of an entire arch with VISTA
- ▶ Cover recessions on implants with VISTA
- ▶ Management of coronal replacement bonded sutures with composite
- ▶ Use and indication of different soft tissue graft materials

## PROGRAM-SCHEDULE

### Theoretical part:

- 09:00-10:00: Etiology, risk factors and evolution of root coverage procedures
- 10:00-10:45: Surgical steps of the VISTA Technique and scientific evidence
- 11:15-11:45: Materials for soft tissue grafts (autogenous CTG, L-PRF®, MDA, collagen matrices)
- 11:45-12:45: Clinical Case Presentation of Recessions on Teeth treated with VISTA
- 12:45-14:00: Clinical Case Presentation of Recessions on Implants treated with VISTA

### Practical part:

- 15:00-16:30: Hands-on workshop on teeth with model and VISTA instruments
- 17:00-18:00: Hands-on workshop on implants with model and VISTA instruments

## CERTIFICATION

Upon completion of the course, each participant will receive the VISTA Course Certificate, issued by the VISTA Institute for Therapeutic Innovations.



Root coverage of an entire arch with one single surgery and no marginal incisions



Root coverage in teeth with complex and multiple recession defects



Root coverage in teeth with cervical defects with VISTA and associated restorative treatment



Implant mucosal recession coverage in the esthetic area



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Limited number of participants,  
with personalized attention at all times.



## REGISTRATION

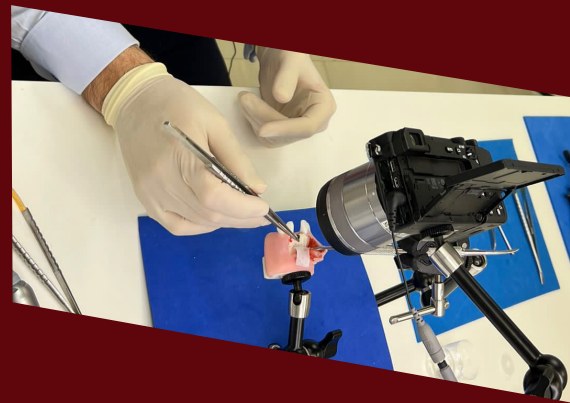
- ▶ Course fee: €795 (includes lunch and coffee)
- ▶ Early registration until April 30<sup>th</sup>: €695
- ▶ Limited number of seats

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Advanced Esthetic Seminars  
Clinica Dental Albia

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**ADVANCED ESTHETIC**  
SEMINARS



**biohorizons**  
**camlog**

In collaboration with:

**INTRA-LOCK**  
LIBERIA

**INTRA SPIN** | **LPRF**  
Regeneración Naturalmente Guiada

**BoneModels**  
by Fernando Rojas-Vizcaya DDS, MS

**ivoclar**